



## 2-up 25 mile team time trial – 10<sup>th</sup> March 2018

Promoted for and on behalf of Cycling Time Trials - Under its rules and regulations

**Safety – not your performance – is the first priority**

**Hosted by** - Hitchin Nomads CC as a Club Time Trial (a CTT “Type B” event)

**Event Contact** – Nick Hickman, 01462 850868 / 07763 656251.

**Signing on and numbers** - will be available from 0830h to 0915h at the start line for pre-registered competitors. Registration on the day will be permitted at the discretion of the organiser and in no circumstances after 0845h. Please check that a correct emergency contact number is listed when you sign, and address for non-members of HNCC.

**Teams** - For any team where one rider is unable to ride, the other rider will be permitted to ride as a “solo” but is no longer an eligible competitor for the Club 2-up competition. Teams not comprising two HNCC members can ride but are also ineligible for the competition and will be recorded as “Private Time Trial” (PTT). If two teams are a rider short then it might be possible to create a new 2-up team on the day but this is not guaranteed. It is possible that start times and team formations will be needed to be adjusted at the last minute, and riders are asked to be flexible on this. If any start times vary by more than by a very few minutes then every effort will be made to contact those affected prior to the event.

**Headquarters** - there is no Event HQ. Riders and event crew will most likely convene at the Shuttleworth Café after the event, where the results will be shared (please do not bother the Timekeepers at the Finish Line by asking for your time there). There is usually plenty of parking for customers at the café.

**Parking** - DO NOT park on the course. The informal lay by at the start line should only be used for parking by event officials. Ride out or share transport if you are able to. Suggest meeting on the Market Square in Hitchin for 07:45. There is plenty of parking on the verge along the lane from Southill to Old Warden (by the start of the “Briercliffe 10” course), and in the village of Southill (e.g. the car park opposite the school) but be respectful of local residents. Keep the noise to a minimum and absolutely no use of turbos within the village please.

**£2.00 entry fee per rider** for Club members to cover CTT levy and event costs. Private Time Trials (i.e. non-members) £4. Cash only – IOUs will not be accepted. Riders whose Club membership has expired will count as PTTs.

**Event Crew** – Nick Hickman will arrange course signage and on-the-day check. He will manage sign-on with David Rossall. Leanne Cutler is Principal Timekeeper with Mark Young as Assistant. Props (pushing riders off) are Simon Young and others to be confirmed. Michael Webb is Event Photographer.

## Riding a 2-up Team Time Trial

2-up teams and any solo riders are set off at 2-minute intervals at x minutes past the hour, where x is the highest rider number of the pair. The time for a team is that of the second rider crossing the finish line. Please call out your numbers, which should be worn as low as possible - on your bum ideally, not the centre of your back.

## IMPORTANT SAFETY NOTICE

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a hard-shell Helmet that meets an internationally accepted standard. In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets. It is recommended that a working rear light either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

## Rider Behaviour

**Please be aware** that there has been occasional friction between some residents of Old Warden village and the cycling community. Riders are therefore reminded of CTT regulations in this regard, and that they “shall not act or behave in a manner such as to give offence to the public interest or such as to bring the sport into disrepute”. Competitors must observe the law and:

- (a) not ride in a manner that is unsafe either to themselves or to other road users;
- (b) ride on the left-hand side of the road except for safe overtaking and when making right hand turns;
- (c) conform to all traffic signs, signals and direction indicators;
- (d) in making any turn before, during or after the event, ensure that it is safe to do so.

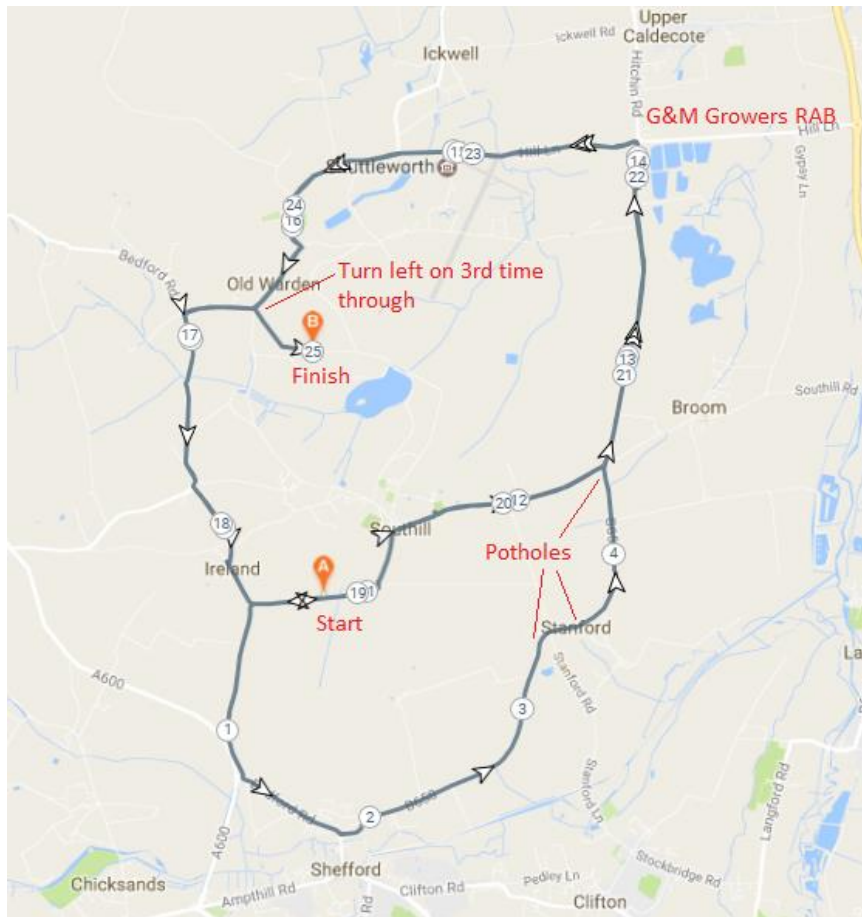
## Legal Stuff

This event is approved by CTT London North District. CTT is the governing body for Cycling Time Trials in England and Wales. Bedfordshire Police have acknowledged receipt of a notification for the event. HNCC is covered by [CTT's 3<sup>rd</sup> Party Liability Insurance](#) (this policy protects the Club and its event crew, not the riders). Riders are advised to review the [risk assessment](#) for the course, which has been recently reviewed and lodged with CTT. An “on the day” course check will be carried out and riders will be alerted to any hazards.

## Course

Cycling Event signs will be in place at key points on and near to the course. These are to alert other road users to the event and do not necessarily indicate the route of the course. It is hoped that direction arrows will also be set up, but riders should not rely on these. It is YOUR sole responsibility to navigate the course, which will not be marshalled. See course map and description below. The course can also be found on-line here (from where a GPX file can be downloaded to your GPS gadget): <https://www.plotaroute.com/route/346809>

The course uses some small country lanes. There are pot holes, loose surfaces and standing water in some places. **The main B658 road from Shefford to the G&M Growers roundabout has some significant pot holes before and in Stanford, and at the Broom Crossroads.** These have all been reported to the Highways Team of Central Bedfordshire Council although it is not guaranteed that any repairs will be made before this event. Any that are not fixed will be marked up with white painted chevrons.



1. **START** on south side of unclassified road Ireland-Southill at field boundary (GR 141413).
2. Proceed west to triangle where left and downhill to junction with A600 where left into Shefford and then left on to B658.
3. Continue over mini roundabout and follow through Broom cross roads (4.5m) to GM Growers RAB where left to Old Warden.
4. Continue through village, past Southill-Old Warden and Cardington junctions to disused railway bridge where left uphill and left at junction to triangle (10.7m) where left over hump back bridge.
5. Continue and take first left through Southill village to Broom cross roads (12.7m) where left onto B658.
6. Repeat circuit via Broom cross roads (20.9m) and continue to GM Growers and Old Warden to Southill-Old Warden junction where left to **FINISH** at GR 142433

#	Rider	Club	Team Name <small>* indicates not part of Club 2-up Competition</small>	Start Time
1	Olive, George	Stevenage CC	St Evenage Ladies *	09:02
2	Vooght, Mark	Stevenage CC		
3	Barton, Keith	St Neots CC	Foreign Legionnaires *	09:04
4	Stuart, Jason	CC Ashwell		
5	Chinery, Paul	unattached	Fast & Loose *	09:06
6	Loosely, Mark	HNCC		
7	Diplock, Marc	HNCC	Smokin' Trees & Stokin' Threes *	09:08
8	Hughes, Steve	iCycle		
9	O'Donnell, Rachel	HNCC	Electric Elegance *	09:10
10	Reeves, Michelle	Stevenage CC		
11	Rapley, Sue	HNCC	Marvellous Minxes	09:12
12	Riley, Helen	HNCC		
13	Wilson, Jane	H&I BC	Don't Get Chicked *	09:14
14	Matthews, Ingrid	HNCC		
15	Curtin, Lorraine	HNCC	Pussycat Dolls	09:16
16	Fletcher, Meliné	HNCC		
17	Bamerough, Irene	HNCC	Thelma & Louise	09:18
18	Jones, Catherine	HNCC		
19			Han Solo *	09:20
20	Robinson, Steve	HNCC		
21	Batt, Chris	HNCC	Battman & Robin	09:22
22	Goldenberg, Chris	HNCC		
23	Greenfield, Paul	HNCC	Bert & Ernie	09:24
24	Timms, Darren	HNCC		
25	Manrique, Manuel	HNCC	Chuckle Brothers	09:26
26	Martin, John	HNCC		
27	Desborough, Mark	HNCC	Foxy Ladies	09:28
28	Fox, Rob	HNCC		
29	Cornell, James	HNCC	Headwind Heaven	09:30
30	Senechal, Nicholas	HNCC		
31	Oxton, Ian	HNCC	Olly & Lolly	09:32
32	Sewell, Jonathan	HNCC		
33	Pegg, Julian	HNCC	Pegz & Captz	09:34
34	Watson, John	HNCC		

#	Rider	Club	Team Name	Start Time
35	Horwood, Scott	HNCC	Peter Pan & Tinkerbell	09:36
36	Taylor, Roger	HNCC		
37	Bainbridge, James	HNCC	Pink Fonz Steamtrain	09:38
38	McPherson, James	HNCC		
39	Jones, Harold	HNCC	Rollin' Thunder	09:40
40	Oliver, Stephen	HNCC		
41	King, Steven	HNCC	Sugar Crash Test Dummies	09:42
42	Morris, Tom	HNCC		
43	Hardy, Andrew	HNCC	The Cyclepaths	09:44
44	Scott, Martin	HNCC		
45	Bamberough, Roger	HNCC	The Wheel Deal	09:46
46	Curtin, John	HNCC		
47	Hickman, Nick	HNCC	Elite Cupcake	09:48
48	Wright, Paul	HNCC		
49	Riley, Paul	HNCC	Big Test Icicles	09:50
50	Wilson, Nigel	HNCC		

Maximum 80 riders

A report of last season's event can be found on the Hitchin Nomads CC web site:

<https://hitchinnomads.cc/2017/03/11/2-up-25-miles-ttt-11-march-2017/>